

# softbox



**SOFTBOX USER GUIDE**  
**BWL-0425/1 (07/06)**  
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**BOWENS**<sup>®</sup>  
the power behind the picture<sup>™</sup>

Due to our policy of constant product improvement, Bowens International Ltd reserves the right to change equipment specifications at any time and without notice.

# OPERATING INSTRUCTIONS

Dear Valued Customer,

Thank you for choosing the Bowens range of professional softboxes. Accurate, ergonomic, and simple to use; Bowens Softboxes have been designed by working closely with photographers to develop a softbox that meets the standards demanded in today's professional studios.

For details of all related products, please contact your local distributor, a list of which can be found at [www.bowens.co.uk](http://www.bowens.co.uk).

In order to obtain the full benefit from your purchase, please take a few moments to familiarise yourself with this user manual.

Thank you.

Bowens International Ltd.

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- All Softboxes and Softstrips are designed for use with a flash unit to a limit of 3000W, HMI to a limit 575W or Tungsten to a limit of 650W when used with a fan-cooled light source.
- Ensure that the Internal Diffuser (if fitted) cannot come into contact with the light source.

### Safety Notes

### Softbox Kit List

- |   |   |
|---|---|
| • Reflector Cover                       | • Casting   |
| • Rear Cowl                             | • 'S' Type Adaptor  |
| • Rods (Quantity 5)<br>(4 plus 1 spare) | • Carry Bag   |
| • Front Diffuser                        | • Internal Diffuser<br><small>(not required with Softbox 60 x 60 or Softstrip 100 x 40)</small> |

**STEP 1.**

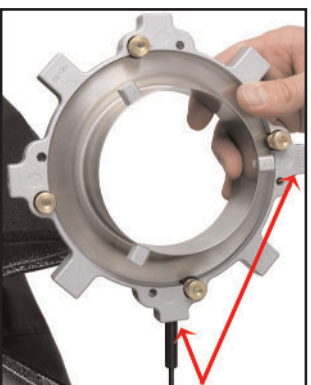
Firstly, insert rod through the two retaining loops on one of the inside corners and then into the rod pocket as shown.

**STEP 2.**

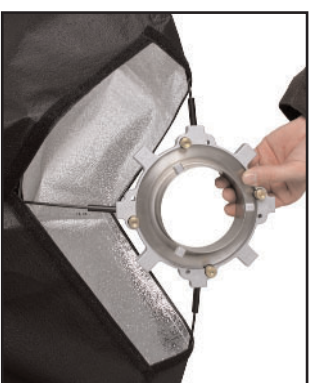
Repeat for all four rods until your softbox appears as shown.

**STEP 3.**

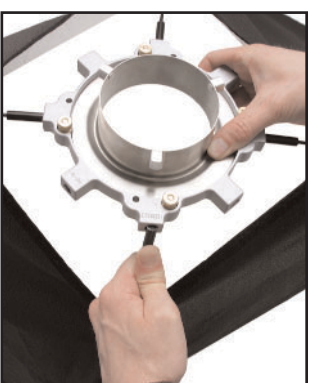
Next, hold your speedring and adaptor with the 'i-concept' hole facing towards you and place the first rod into the hole to the left of the 'i-concept' hole.

**STEP 4.**

Going in a clockwise direction insert the next two rods into the speedring until your softbox appears the same as shown.

**STEP 5.**

The final rod goes into the 'i-concept' hole. This is because it has a stepped recess in the side of the hole making it easier to insert the rod.

**STEP 6.**

When all four rods are inserted into your speedring your softbox should appear as shown.



**STEP 7.**

When the main part of the softbox is assembled you can then attach the inner-diffuser using the fastening strips on the corners of the diffuser, attaching them to the outer retaining loops of the softbox.

**STEP 10.**

Once your softbox is assembled connect it to your flash-head ensuring that it is securely attached.

**STEP 8.**

Once again repeat until all four fastening strips on the inner-diffuser are attached to the retaining loops until your softbox looks like the one shown opposite. Ensure that after fitting the inner diffuser is taught across the face.

**STEP 11.**

Finally attach the rear cowl to your softbox to prevent any light spill and to complete your softbox.

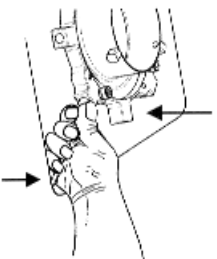
**STEP 9.**

Next, attach the outer diffuser to the assembled softbox using the hook and loop fastening strips.

**STEP 12.**

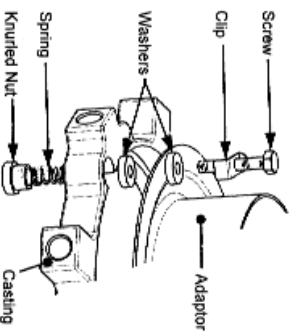
Once complete your softbox should appear as shown opposite.

- Disassembly is the reverse procedure to assembly.
- When removing the rods from the casting, the rod in the marked tension release hole (i-concept) should be removed first; this is because the stepped recess on the inside of this hole makes it easier to remove the rod. To ease the rod out of the hole apply pressure to the rod in the directions indicated (see figure below), and pull it away from the casting.

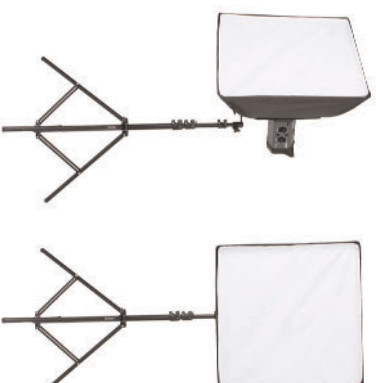


## Accessories

- Adaptors for other makes of flash equipment are available for use with your softbox. To fit, remove the 'S' type adaptor and fixings from the speedring casting. Attach the new adaptor using the fixings supplied.



The Bowens range of softboxes includes the following sizes:



**SOFTBOX 60 x 60**

The Softbox 60cm x 60cm is one of the more popular sizes of softbox; ideal for small portraiture or still life photography.

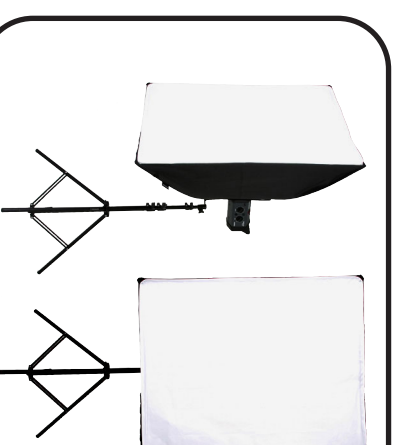
**BW1660**

**SOFTBOX 60 x 80**

The rectangular shape of the Softbox 60cm x 80cm makes this softbox great for portraiture work.



**BW1665**



**SOFTBOX 100 x 80**

The Softbox 100cm x 80cm is an ideal size for larger portrait photographs or for when a softer light is required.

**BW1675**



**SOFTBOX 100 x 100**

The Softbox 100cm x 100cm is a popular size softbox due to its versatility in being suitable for many types of photography.



**BW1680**

**SOFTBOX 140 x 100**

The Softbox 140cm x 100cm is ideal for large group shots and commercial photography as well as room sets and general photography where a very soft light is required.



**BW1685**

**SOFTSTRIP 100 x 40**

The narrow profile of the Softstrip 100cm x 40cm gives a much sharper cut off, making it ideal for fashion and beauty.



**BW1670**

**SOFTSTRIP 140 x 40**

The Softbox 140cm x 40cm is a perfect shape for full length fashion and beauty photography.



**BW1690**

Also Available

The **QuickRing** from Bowers (BW3110) has been designed to make assembling and disassembling softboxes easy. The original QuickRing invented by Bowers is made of an a 2 piece hinged metal casting and features a small latch to secure the QuickRing in place once assembled. To assemble your softbox first unlock the QuickRing, insert all four rods as usual then simply click the QuickRing release back in place. To disassemble just release the latch, move the casting forward and remove the rods.

